

# Cleaning up blood spills



## Clean any blood spillage with household bleach (six per cent)

- Mix one-part bleach to nine parts water.
- Do not put bleach on your skin.
- The average shelf life for bleach is one year.

## More tips for preventing the spread of hepatitis:

- Practice safe sex
- Do not share piercing, tattooing, or drug injecting equipment
- Do not donate blood
- Do not share razors, towels, toothbrushes, or any object that may come into contact with blood or body fluid.

Hepatitis B and C are not spread through everyday contact, e.g. touching, sneezing, coughing, or sharing cutlery.