

The Hepatitis Foundation of New Zealand Fibroscan Report For Hepatitis C



<7.2

No / Minimal fibrosis

7.2 - 9.5

Moderate Fibrosis

9.6 - 12.5

Severe Fibrosis*

> 12.5

Cirrhosis*



Your score

Date

What does your score mean for your hepatitis C?

F0/F1

No / Minimal Fibrosis

Indicates normal liver with no scarring.

Fibrosis = Scarring or stiffness of the liver

F2

Moderate Fibrosis

Indicates moderate liver scarring.

F3

Severe Fibrosis*

Indicates severe liver fibrosis and high risk of cirrhosis.

F4

Cirrhosis*

Extensive liver fibrosis consistent with cirrhosis.

*Fatty changes in the liver (from obesity, BMI > 30 & diabetes) can cause a higher Fibroscan score.

About your liver - Fibroscan report



Fibroscan scores less than 9.6

Talk to your doctor or nurse about the DAA treatments for hepatitis C genotype 1. They cure around 95 per cent of people and don't involve injections.

Fibroscan scores above 9.6

- Strongly seek referral to a specialist liver clinic.
- Specialist assessment and treatment. May need monitoring for liver cancer.
- Take special care of your liver.

The Hepatitis Foundation of New Zealand

www.hepatitisfoundation.org.nz

Find us on Facebook, Twitter and YouTube.

Hepatitis Helpline

0800 33 20 10



Our website provides:

- hepatitis B & C information
- resources for patients, support people and health professionals
- treatment updates
- news and events
- personal stories

New treatments for hepatitis C

New treatments, called direct acting anti-virals (DAAs), have been available since July 2016.

These treatments are available for people with genotype 1 of the virus or decompensated liver disease. They are different to previous treatments in several ways:

- cure around 95 per cent of people who take them, even if someone has cirrhosis
- have minimal side effects
- only needs 12 weeks of treatment (in most cases)
- just a few pills each day (no injections)
- in most cases, can be treated via local GPs rather than at hospital liver clinics



Other support services

Community Alcohol and Drug Services
09 845 1818, www.cads.org.nz

New Zealand Needle Exchange Programme
03 366 9403, www.needle.co.nz

Haemophilia Foundation of New Zealand
03 371 7477, www.haemophilia.org.nz

New Zealand AIDS Foundation
09 303 3124, www.nzaf.org.nz

New Zealand Narcotics Anonymous
0800 628 632, www.nzna.org

Alcohol and Drug Helpline
0800 787 797, www.adanz.org.nz