

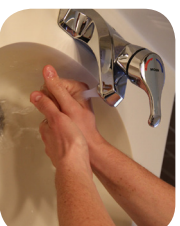
Hepatitis A...

Is a virus which infects the liver and is spread by contact with the faeces of an infected person/ when faecal matter from an infected person enters someone's mouth



It can be passed on through:

- poor personal hygiene – such as when people don't wash their hands properly
- contaminated food – such as from an infected food handler, raw shellfish, infected sewage



See the Ministry of Health's advice on food safety information about imported frozen berries in New Zealand

- outbreaks overseas – some of these have also been associated with contaminated frozen berries
- close personal contact – including sexual contact
- sharing personal things with an infected person - such as toothbrushes, facecloths, towels, etc.

Symptoms can take **15-50 days** to develop



Symptoms can include...

Nausea
Vomiting
Extreme tiredness
Loss of Appetite
Low-grade fever

Contact your GP about a vaccine or testing